

Programme Health Check

A 10-question diagnostic for a stalled transformation programme

See where progress is blocked, where confidence is at risk, and what needs attention first.

Scoring Guide

Score each question 0–3. Be honest.

0

Working well

1

Some issues, managed

2

Causing delay or lost confidence

3

Serious blocker — act now

The 10-Question Health Check

1

Is the programme still working to a plan that reflects reality?

0

1

2

3

2

Are the next three milestones clear, realistic and understood?

0

1

2

3

3

Are decisions being made quickly enough and by the right people?

0

1

2

3

4

Does each critical area have a clear owner?

0

1

2

3

5

Are the main blockers visible and actively managed?

0

1

2

3

6

Do teams have the capacity and skills to deliver what is asked of them?

0

1

2

3

7

Are suppliers helping progress or adding to the delay?

0

1

2

3

8

Can sponsors and senior leaders see what is really happening?

0

1

2

3

9

Is the programme spending more time explaining delay than fixing it?

0

1

2

3

10

Is there a clear 30-day recovery rhythm?

0

1

2

3

What Your Score Suggests

0–8 Focused reset

Main structure still workable. Turn the 2s and 3s into clear 30-day actions.

9–18 Active recovery

Start with blockers that cut across teams or milestones. Don't fix everything at once.

19–30 Urgent attention

Serious risk to decisions, ownership or confidence. Get a truthful view of what has stopped working.

Your 30-Day Recovery Rhythm

Week 1

Get the truth on the table

Review milestones, decisions, capacity, suppliers, budget and confidence.

Week 2

Name the real blockers

Identify the one or two issues stopping movement. No new meetings or reports.

Week 3

Reset the work that matters

Focus on the next milestone. Decide what is first, what waits, who owns it.

Week 4

Create visible movement

Weekly rhythm with named owners, decision points and progress leaders can see.



Book an
Opportunity
Accelerator
conversation

Do you need a clearer view?

If your score shows active or urgent recovery risk, an outside view can help. The [Opportunity Accelerator](#) is a 1-hour conversation that gives you a clear, structured way to assess the problem, identify what's holding progress back and define what needs to happen next.

